

SUMMER FUN IN THE AREA!

Hike/walk to Meetinghouse Rock – July 27 at 2pm

As part of the Summer Reading Program at the library, Chris Pratt, Town Archivist/Historian will lead a hike up Winch Hill, also known as the Town Farm, telling a bit of local history all along the way.

Everyone is invited to join them and learn a little of our town history and actually see what “that rock” really looks like.

Keene Wizarding Week 2024

July 24 at 10am to July 28 at 5pm
Main St. & Nearby - Keene

<https://tlcmonadnock.com/wizarding>



Downtown Keene businesses are planning and getting ready for the fifth annual Wizarding Week! Soon magic wands will be dusted off, costumes readied and storefronts transformed, so they look like a set from Hogwarts School of Wizardry and Witchcraft.

Treat the family to some of the special menu items offered all around town, and most inspired by JK Rowling's *Harry Potter* novels. Magic classes are real, menus are elaborate, and fun is never in short supply. Last year's event included around 30 participating stores and local artists; but this year, that number exceeds 50.

In order for retailers or restaurants to take part, store owners will have to decorate their windows, and have their doors open during event hours each day, 10 a.m. to 5 p.m. Window display and butter rum drink competitions go all week long

MOVIES UNDER THE STARS Keene Rec Center

Summer means “movies at dusk” on the lawn of Keene Recreation Center, 312 Washington St.! Enjoy a PG rated movie displayed on the giant, blow-up screen - admission is free and there is typically a food truck present for dinner or snacks. Bring a chair and join them for a fun evening! (603) 357-9829

July 18 – Elemental
August 8 - Top Gun: Maverick

MUSEUM PASSES AVAILABLE AT THE SULLIVAN PUBLIC LIBRARY!

More information under the Sullivan Public Library news inside!

RABIES IN SULLIVAN?

There could be. About 40 dogs in Sullivan have expired rabies vaccinations! And, of the 254 dogs that were licensed last year, 104 are still unlicensed, so far this year. Licenses are issued only to dogs that are up-to-date with their rabies vaccinations. Will a local law enforcement officer be visiting your home soon to remind you to license your dog? See the article from the Selectmen inside.

84th ANNUAL CHESHIRE FAIR

Aug. 1-4

Family fun at the fair: farm animal shows, demolition derby, rides, games, truck and tractor pulls, entertainment, and of course a huge selection of foods. Hours: 8am-10pm daily. <https://www.facebook.com/cheshirefair/> <https://www.cheshirefair.org/>

SWIMMING IN THE AREA

Surry Mountain Lake

The recreation area is located off Route 12A north of Keene and is maintained by the US Army Corps of Engineers. The 600-foot-long sandy beach has no lifeguards. Free admission. In addition to swimming, the area offers picnic tables with grills, a boat ramp, nature trail, changing rooms, bathrooms, drinking water, horseshoes and volleyball facilities. Hours are 8 a.m. to 3 p.m. on Mondays and Tuesdays, and 8 a.m. to 8 p.m. all other days. 1-877-444-6777

Otter Brook Lake

No swimming this year, but the park offers many other recreational opportunities that everyone can enjoy - a picnic area with tables and grills; a boat ramp; boating for kayaks, canoes, rowboats and motorboats (no wake); and sanitary facilities.

Keene Parks & Recreation Public Pools

Children 8 and under must be accompanied by someone at least 13 years of age. Members of the public are expected to respect KPRD lifeguards and follow all pool rules. Pool closures and updates will be posted on our Facebook page and Instagram.

Wheelock Pool ~ 101 Park Avenue
Robin Hood Pool ~ 55 Reservoir St. (off Roxbury St.)
603-357-9829

HOURS

Monday - Friday

1:00 - 6:45pm

Saturday & Sunday

12:00 - 5:45pm

FEEES

Seasonal Pool Pass

Individual: \$50

Family: \$100 (up to 5 members*)

*each additional member: \$10

Daily Fee

\$2.00 per person

*Children 3 and under are free

Ware's Grove ~ Spofford Lake, Route 9A, Chesterfield

Ware's Grove is open every day from Memorial Day to Labor Day from 9am - Dusk. *New Lifeguard schedule for the 2024 season, runs June 17th-August 9th on weekdays from 9am-4pm. The remainder of the season will be SWIM AT YOUR OWN RISK!

<https://www.chesterfield.nh.gov/beaches/pages/wares-grove-beach>

Pricing:

Adult Non-resident Daily Pass..... \$8.00
Senior Non-resident Daily Pass..... \$5.00
Child Non-resident Daily Pass..... \$5.00
Family Non-resident Season Pass..... \$200.00
12 and under is considered a Child

Annual NH Craftsmen's Fair

The 91st Annual Craftsmen's Fair will take place at the Mount Sunapee Resort in Newbury, NH; August 3-11, 2024. Tickets are now on sale. The online ticket price is the lowest price – gate tickets will be available, but at a higher price.

<https://nhcrafts.org/annual-craftsmens-fair/>

CHESHIRE CHILDRENS MUSEUM

149 Emerald Street in Keene, N.H

In The Center at Keene

Tuesday-Friday: 9am-5pm

Saturday & Sunday: 9am-4pm

Monday: Closed

Admission - \$5 per person over 12 months. Discounted admission available for up to 4 people by displaying a valid ID and Electronic Benefits Transfers (EBT) card (card not used for payment, but discount only).

HIKING & WOODS WALKING IN TOWN

Meetinghouse Rock – The trail to Meetinghouse Rock (site of the first meetinghouse in town) goes through the area known as the Town Farm/Winch Hill, 113 acres willed to the town for the care of the poor in the 1800's. It is managed by the both the Sullivan Conservation Commission and Sullivan Trustees of Trust Funds. The trek up the hill is not difficult but is steep in places and can be tricky underfoot with ruts and stones.

Where is it? Follow the old road behind the fire station to the kiosk, and head on up the hill. Signs point the way and maps should be available in the kiosk box. Park beside the fire station, in front of the library or in the town hall parking lot.

Allison-Nims-Piper Memorial Forest & Olsen Family Forest – A total of 953 acres on Gilsum Rd. are owned and managed by The Society for the Protection of New Hampshire Forests. Hiking/walking the trails could be considered moderate, although parts of this property may be difficult to access due to a lack of well-developed signage, established trails and a detailed guide map. The Society acquired the land in the 1990's to maintain wildlife habitat, improve commercial timber growing stock (the last timber harvest was in 2003-2005) and to provide recreational opportunities for hunting, hiking, horse riding and other permitted uses.

Where is it? Look for the sign, "Society of the Protection of NH Forests" on Gilsum Rd. - 1.5 miles from the intersection of Gilsum Rd., South Rd. and Centre St. There is ample parking with access to several trails in the Piper Forest.

If anyone visiting either property finds trails needing cleanup or signs of misuse, please contact the Forest Society's volunteer land steward, Brad Smith, via the Town Hall (Kathleen), 847-3316, or Conservation member, Becky Cummings at 847-3477.

Otter Brook Preserve - This 1,303-acre preserve is protected by the Nature Conservancy and is located in the towns of Sullivan, Nelson and Stoddard. It provides vital habitat for several endangered natural areas, protecting critical wetlands, and the natural environment found along streambanks, riverbanks, and flood plains, including significant portions of the headwaters of Otter Brook, as well as parts of the watershed for Sullivan's largest and most productive aquifer. Historic mill sites, an old foundation and many signs of wildlife can be observed from the trails on this preserve. Many love to fish in Otter Brook. Foot travel, hunting & fishing are welcome. Prohibited are motorized vehicles, trapping, camping, fires, horses, pets & mountain bikes. Trails can be rough and are not always well-groomed.

Where is it? The main parking area and trailhead are .5 mile up Boulder Rd., from the intersection of Cross and Valley Roads. Look for the large "Nature Conservancy" sign. A secondary entrance to the area is .5 mile in on Ellis Rd. to the discontinued Warren Rd., which forks off to the right. Find parking .1 mile in on Warren Rd. to the Nature Conservancy & parking signs. From there you can follow Otter Brook north on the foot trail to the remains of Ellis Reservoir. There is also a smaller parking area on Valley Road, 1.3 miles from Centre St. Note: there are no trails in from the Valley Rd. point – hikers here should be prepared for bushwhacking.

Maps for all three areas can be found on the Town website - <https://townofsullivannh.com/conservation> .

SUMMER CONCERTS AROUND THE AREA

On the Green – Walpole - rain or shine, Sundays from 6:30-8:00pm. Bring a blanket and/or lawn chair, 603- 352-1822.

June 30, 2024	Keene American Legion Band
July 7, 2024	Nelson Town Band
July 14, 2024	East Bay Jazz Ensemble
July 21, 2024	Springfield Community Band
July 28, 2024	The Temple Band
August 4, 2024	Brattleboro American Legion Band
August 11, 2024	River Valley Dance Band

Concerts on the Common – Keene - 7pm, bring a chair.

July 3: Dragon Fly
July 10: Sheep Dip
July 17: Westmoreland Town Band
July 24: Baba Ray
July 31: Tom Foolery Band
July 7: In Clover
<https://keenenh.gov/parks-recreation>

Apple Hill - Tuesday Summer Concert Series – 7:30pm

The Tuesday Summer Concert Series features the Apple Hill String Quartet and Summer Chamber Music Workshop faculty artists performing in the Louise Shonk Kelley Concert Barn on the Apple Hill campus in Nelson, NH. All concerts start at 7:30pm and are preceded by a buffet dinner at 6pm on the lawn (advance reservations are required by 5pm the day before, or bring your own picnic) and listenUP!, a free pre-concert talk at 6:45pm. Concerts at Apple Hill are wheelchair accessible. Should you have special needs, please contact us at 603-847-3371 or music@applehill.org prior to your visit and we will do our best to address your needs.

Outdoor concert seating is always FREE!

KEENE MUSIC FESTIVAL

August 31 10A - 10P



Join the fun in downtown Keene on Saturday, August 31st 2024, Festival!! This year they expect to have 60+ acts spanning a huge BE ANNOUNCED SOON! For those who've never been - KMF is a celebration of local music, taking place the Saturday of Labor Day weekend for over 20 years. Musicians from around New England will play on outdoor stages all over the Main St. area in downtown Keene. It is free to attend, for all ages, is family friendly, and showcases a huge variety of homegrown talent from the Monadnock region and beyond!

for the 22nd annual Keene Music number of musical styles! ARTISTS TO



Office of Selectmen

As we enter the dog days of summer, the Selectmen have been made aware of a growing problem in town; dogs. First and foremost, there are the number of dog owners in town who have not registered their dogs. Currently, we have 104 dogs belonging to 80 dog owners who have not licensed their dogs!

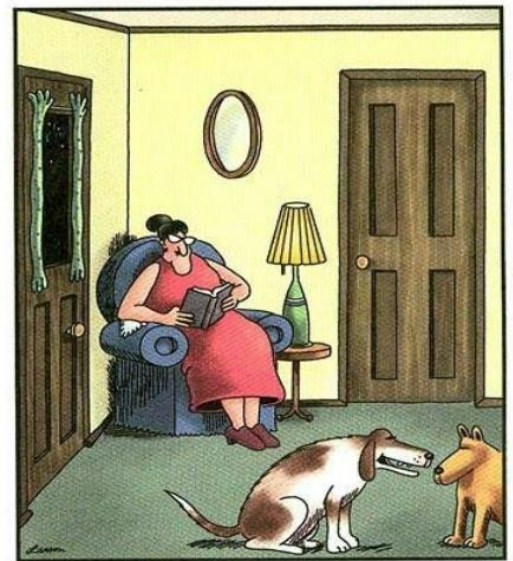
The Town of Sullivan follows NH State Laws regarding Dog Licensing. If you enjoy reading State Statues regarding dogs, they can be found under NH RSA 466 which covers everything from licensing to restraint. The Town of Sullivan is mandated to keep these records. When a dog visits their veterinarian for checkups, any rabies vaccinations are passed on to the Town to meet this State records mandate. There are 40 current owners with pets whose rabies vaccines have expired. Now that is also something to growl over.

We realize that if you have just moved to the Town or just got a new dog, you may have overlooked this responsibility. The town asks you kindly to come to the Town Office and register your dog(s) immediately to avoid fines that will be imposed. The current list of residents will soon be receiving a letter noting their delinquency in dog registration and a fine of \$25. There are many families that own multiple pups that will incur larger fines. Please note, per NH State RSA's, fines can increase with other penalties associated.

Sullivan knows you love your furry friends, but they do need to be registered at the Town Office and be current on rabies vaccines. We are confident that your best friends would prefer a tasty dog treat, rather than you spending money on fines.

Need to know the Sullivan Town Hall hours?

The Town Hall is open Tuesday through Thursday from 10:00 AM until 2:00 PM for all business and evening hours are held on the 2nd and last Thursdays, 6:00 PM to 8:00 PM. We look forward to your coming in ASAP before the fine\$ are imposed and further action is taken. Thank you



"You wanna have some fun, Fred? Watch ... I'm gonna go over and stare and growl at the closet door."

REGISTER TO VOTE AHEAD OF TIME!

Sullivan Supervisors of the checklist will be in session and happy to help you register to vote on Saturday, August 31 at the Sullivan Library from 11 – 11:30am. Please bring along a photo ID, proof of age, residency and citizenship. You may also register to vote with the Town Clerk and on Election Day, but registering early will save you time.

STATE PRIMARY ELECTION ~ SEPT. 10

The polls in Sullivan will open for voting from 8am to 7pm in the Town Hall. Please remember your photo ID. If you plan to register the same day, also bring along proof of age, residency and citizenship.

From the Archives

by Chris Pratt

I had a number of requests to print the talk I gave at the Town's Memorial Day Observance. So, I present a transcript for your consideration.

May 26, 2024 at the Civil War Monument

As I have noted in past Memorial Day remarks, today is a day of remembrance. It is a time to look into our past and remember those men and women who gave their lives in service to our country. The remembrance began on May 30, 1868 when General John Logan called upon our citizenry to place flowers on the graves of those soldiers who died during the Civil War. It was a way to remember the people who had perished during one of the greatest and most tragic cataclysms this country has ever faced. Of course, it was not the last time that our country would become involved in warfare. There would be other casualties.

We can debate the causes and strategies of our wars. We can debate the actions of our leaders. We can even debate whether or not we should have been involved in the first place. Debate is an important part of who we are. But today is not about debate. Today is about remembrance.

When we look at the consequences of warfare, we tend to think in large trends, statistics, or specific events that shaped the outcome. However, remembrance is more than that. It involves understanding the many pieces of the story. When we try to understand something that happened over 160 years ago, we might become frustrated. While the larger story is well documented, the stories of individuals are often scattered among the larger story like so many arrowheads or shards of pottery. To remember, we call together the pieces, to understand what we can.

And so today, I will make the effort to bring some fragments together and tell what we know of the story of Silas L. Black. He was born in Nelson on March 28, 1839 to Silas and Elmina (Lovejoy) Black. The family continued to live in Nelson until 1853 when they purchased the old Reuben Morse farm in Sullivan. This place still stands at 211 Apple Hill Road. They had lived there for a little over year, when the father died suddenly. Silas was around 15 years old at the time of his father's death and now assumed responsibility for the farm, his widowed mother, and his 7-year-old sister whose name was Lydia.

Silas was 22 years old when the news of the outbreak of the Civil War reached Sullivan in the spring of 1861. New Hampshire's Governor, Ichabod Goodwin, quickly found that the State's militia was in no shape to be deployed. So, a single regiment was created using volunteers. The enlistment was for 30 days—reflecting the belief that a show of force would be sufficient to cause the Confederacy to back down. So many men volunteered to fill the ranks, that a second regiment was created—this time for a tour of three months. In July of that year, the First Battle of Bull Run showed the United States Forces that this was not going to be a short war. As the enlistments of the Second Regiment began expiring in August, a directive came from Washington to enlist a regiment for a three-year term. While many of the one-month and three-month men signed up for the new Second New Hampshire Volunteer Regiment, there was still a need to recruit new soldiers.

It was that call that Silas Black answered. He was one of 8 men recruited from Sullivan in the early fall of 1861. He was officially mustered in on September 17, 1861. After a brief time in Concord, the recruits were sent to Bladensburg, Maryland, where they joined their regiment which was now part of the Army of the Potomac. On October 24, the regiment was dispatched about 40 miles south to Charles County, Maryland, where it was assigned the task of preventing any Confederate forces from crossing the Potomac from nearby Quantico, Virginia. In the first part of November, they entered winter quarters at a place called Budd's Ferry. It was there that Silas Black contracted typhoid fever. The fever is caused by a bacterial relative of Salmonella and comes from contaminated food or drinking water. Physicians had little understanding of the disease, except that was usually found in places where people congregated in large numbers such as an Army Camp. If you got the disease, you either got better after about 3 or 4 weeks or you didn't. Silas seemed to rally, and the prognosis looked hopeful; but he died on December 20, 1861. His body was returned to Sullivan and he was buried next to his father in the East Sullivan Cemetery. Local resident Dauphin W. Wilson composed a poem that was carved into the marble stone.

"He heard his country call,
Upon her sons for aid,
With patriotic zeal, that call,
He earnestly obeyed,
Far From his mother and sister dear
Upon the tented field,
He freely offered his young life,
His country's Rights to shield."

Silas Black was Sullivan's first casualty in the Civil War. There would, of course, be others. Of the 8 men who enlisted in the fall of 1861, only 2 would return. Elmina Black continued to live on the farm on Apple Hill with the help of Lydia. She sold the place in 1865 and moved to East Sullivan where she lived in the house that now stands next to the store at 142 Route 9. Eventually, Lydia married and settled in Winchedon and her mother joined her there.

In the greater history of our country, such stories as that of Silas Black may seem insignificant. However, they remind us that such things as wars have consequences. It is the observation of those consequences that bring us here today—to pray, to contemplate, to grieve, but above all else to remember.

Public Notice

The Sullivan Public Library Board of Trustees will hold their monthly meetings on July 11, August 8 and September 12, 2024 at the 11:30am at the library. The purpose of the meetings will be to formally receive any donations, hear reports and conduct any business related to the administration of the library. As always, the public is welcome.

“LIBRARY FOOTNOTES”

From Sullivan’s Big Free Library

Summer Reading is upon us at last! Our theme this year is “**Adventure Begins at Your Library**”, and we are continuing our competition with the Surry and Gilsum Libraries to see who can read the most books! To keep track, you can keep a log of the weight of the books or the time that you spend reading. We accept both of those. Also, the books that you return to the library during the month of July will also be weighed and added into our count. We are looking forward to some great adventures this summer! Be sure to check out our Facebook page for more events to encourage Summer Reading! One special event to mark your calendar for is July 27 at 2 pm. Meet at the library and join us for a hike to Meetinghouse Rock where we will hear some history of Sullivan by our very own Chris Pratt.

Our **Saturday morning book** group will meet on July 13 at 11am to discuss *Call the Midwife* by Jennifer Worth. Have you read this book? Come and discuss it with us! The book we will hand out next will be *The Face of a Stranger* by Anne Perry. In preparation for the newest installment of *Moonflower Murders*, which will be airing on PBS in September, the book we will be reading in August/ September will be *Moonflower Murders* by Anthony Horowitz. If you would like to read it before you see it, come in and request a copy. We would love to have you participate with us. The date for this book group will be August 10 to lend the book, September 14 to discuss it.

As always, we are ever appreciative of donations for our collection. Some of the newest added are: *The 24th Hour* by James Patterson, *Open Book* by Jessica Simpson, *Not A Happy Family* by Shari Lapena, and *Roses for the Scented Room* by Barbara Milo Ohrbach.

MUSEUM PASSES AT THE SULLIVAN PUBLIC LIBRARY! The Sullivan Public Library will soon have family passes available to the Cheshire Children’s Museum in Keene, the McAuliffe-Shepard Discovery Center in Concord and Fort #4 in Charlestown. Individual pass benefits vary from one museum to another. Contact a librarian for details about the passes and their use. The passes have been purchased for Sullivan Library patron use by the Friends of the Sullivan Library.

Your Librarians, Sara Bolduc & Paulette Tuttle

From the Little Free Library at 312 Centre St. – across from the Post Office

The Little Free Library on Centre Street summer edition will contain some comic books, thanks to Comic Boom in Keene for donating some free comic books. I’ll put out a couple each week until they are gone. If you have seen the Ranger Rick magazine, please enjoy it, we now subscribe to Ranger Rick. Is there another magazine you would like to see here as well?

FNAF?? What is this? It’s *Five Nights at Freddy’s* and it seems to be popular. What is it about? I found this on Wikipedia. “The main series consists of ten video games taking place in locations connected to a fictional family pizza restaurant franchise named “Freddy Fazbear’s Pizza”, after its mascot, the animatronic bear Freddy Fazbear. The story of the games follows a series of night guards, family members and spirits who have all been affected by a serial killer named William Afton, who disguises himself as a giant rabbit inside the prior mentioned establishments in order to abduct children.”

Thank you to whomever donated a set of 3 books. I have requests for this book all the time. It’s on my summer yard sale hunt. While most of the time I do not ask you to return a book, but the FNAF - I am asking you to read and return. To allow as many users as possible to read these books I am holding any FNAF that are donated. When the person returns the current FNAF book, I am happy to exchange them for another book.

One last request- If you plan to return a book, please return to any **Little Free Library**, there are more and more popping up everywhere (please do not return it to the Sullivan Public Library).

From the Little Free Library at 426 Valley Rd. – across from the Sullivan Country Store

August 9th is National Book Lovers Day! What books have you loved this summer? Are you looking for something new? Take a book or leave a book at the Little Free Library on Valley Road. The box is filled with books for all ages. Happy reading!!

In Memory of Sarah Burke

Many of you may remember Sarah and Matt Burke who lived in Sullivan for many years. They moved to Sullivan in 1982 and raised their sons here. They were active community members with a love for music and dancing. Sarah spent her career at Southwest Community Services helping families through the WIC program. She was a Friend of the Sullivan Library for over 30 years. Sarah passed away last October and is greatly missed. Since Sarah enjoyed helping parents and young children, friends in Sullivan are collecting for a group donation in her memory to RISE for Families and Babies. If you would like to contribute, please contact Gaynelle Pratt at 847-3271. Thank you!

Noteworthy Mentions....

Enjoy a great taco or bowl, support a local business, and stop by "Tito's Tacos" to see **Tammy Rondeau's** photography on display for the month of July! She's very excited to have been chosen to display her photos at Tito's. Where is Tito's? - It's in the Colony Mill parking lot next to the new Domino's Pizza!

May 2024 - Fire Mutual Aid - May 2024 - Congratulations to Dispatcher **Erik "Kaz" Kazlouskas** for 24 years of dedicated service to Fire Mutual Aid. Kaz is also a member of Sullivan's Volunteer Fire Department.

Longtime Apple Hill alumnus, cellist **Jacob MacKay** will join the Apple Hill String Quartet this fall to be co-artistic director and member of its award-winning resident ensemble. He is originally from Frankestown, NH.

Congratulations to **Emilee Guyette** and **Erik Kazlouskas** for completing the Firefighter 1 course at the NH Fire Academy. Your dedication to the Town of Sullivan and 32C1 is greatly appreciated.

SCHOOL NEWS

Nelson School News

Dear Sullivan Families,

Happy Summer from all of us at Nelson School!

We had a fantastic end of the year together and are excited for all of the adventures our students will have over the summer. Special congratulations to all of our 5th grade graduates! Five of our thirteen graduates are from Sullivan, including: Hannah Castor, Taylor Cushing, Sophia Ginsberg, Carter Luoma and Kylie Wilson. We are so proud of everything that all of our students have accomplished this year, and we are already looking forward to what next year will bring.

As we ended our year, we also celebrated Mrs. Kristin Roach's 20th year at Nelson School. She has had a positive impact on hundreds of students throughout her time at the school, and we are grateful to have her as part of our community. We welcome students, alumni and families to send her notes of thanks and well-wishes. We can receive those at the school at 441 Granite Lake Road - Nelson, NH 03457. We will gather any that come our way and shower her with these messages when she comes back to start Year 21!

Just a reminder - students who are enrolling for the first time at Nelson School, whether new incoming K families or transferring from other schools should contact the school as soon as they know they will be joining us. While we have an abbreviated office schedule for the month of July and the first part of August, I will be checking e-mail at a regular interval, even when I am not in the office. If you are needing to enroll your child at Nelson School for the upcoming 2024-2025 school year, please reach out as soon as possible to ngordon@sau29.org. I will be happy to help you to navigate our registration process.

In thinking forward to September, please save the date for the Nelson Farmers' Market, to take place at the school on Saturday, September 7th. More information about this event and more will be available in the September/October newsletter.

We are already eagerly awaiting the start of the 2024-2025 school year. We can't wait to welcome our students back on Tuesday, August 27!

Warmly,
Nicole Gordon
Principal

Sullivan School District News - Congratulations, Graduates!

The Sullivan School Board would like to congratulate all our graduating students! We had a lot of graduates this year. Our **high school graduates** are Savannah Berthiaume, Parker Bolduc, Mariah Hagland, Lyric Hatheway, Brock Haynes, Kaylee Hodgman, Troia Milotte, and Christopher Stevens. Our **middle school graduates** are Grace Brown, Brooke Castor, Norah Corindia, Anthony Cushing, Jacob Kurtz, Mason Smith, Hazel Wilcox, and Catherine Yarosz. Our **elementary school graduates** are Hannah Castor, Taylor Cushing, Sophia Ginsberg, Carter Luoma, and Kylie Wilson. Congratulations again!

We also want to congratulate some of our athletes. Chris Stevens placed in the top 10 in the state for Division 1 track and field men's 100 and 200 meter and Troia Milotte placed in the top 10 in the state for Division 1 track and field women's discus. Great job!

Hope everyone has a great summer and stays safe!

Malinda Sherpa, Sullivan School Board

CONSERVATION COMMITTEE - MEMBERS WANTED

The Conservation Commission is looking for one new full member and two alternate members. Do you enjoy being outside? Do you appreciate Sullivan's rural atmosphere and the availability of woods & trail walks right in your backyard? We need a few more people to help us get some of the trails in order, clean roadsides and keep an eye on critical habitats. The Sullivan Conservation Commission does not have the authority to enforce regulations, but works with other Town and State bodies in an advisory capacity to maintain our natural beauty.

The Commission leads the annual spring roadside cleanup, providing bags as well as a follow-up luncheon for volunteers. It sponsors hazardous waste disposal, free of charge, at the Keene Transfer Station; helps fund a naturalist educator from the Harris Center to teach at Nelson School and supports the multi-town water quality testing program for the Ashuelot River.

If this is something that interests you, contact Kathleen Rowe in the Selectmen's Office (847-3316), Chip Woodbury (603-357-3445) or Becky Cummings (603-847-3477).

MEET YOUR NEIGHBORS

Molly and Rob Manson

By Risa Keene

My original reason for doing the "Meet Your Neighbors" articles was to get to know people I might not meet, and to develop a better understanding of others who have different ideas, hobbies and interests from me. I believe that as you get to know others, you are able to more easily see what you have in common with them, and you become less fearful of the differences that might exist between you.

Each time I conduct an interview for these articles, I am pleasantly surprised by all that we share with each other. We may express it differently than others do, perhaps using drawings instead of words, but in the big picture, we do share so much.

I wish you could have come with me on my most recent interview visit. It was filled with positive energy, color and creativity. I met with Molly and Rob Manson. They are the cooks and bakers at our "Sullivan Country Store". My first introduction to them was their delicious chicken pot pie empanadas and one of their Sunday specials, Echo Farm pudding-filled donuts. WOW! Both of these items are great! I was impressed with Rob and Molly even before I met them!

Molly & Rob moved to Sullivan in 2021, when Molly's sister-in-law, a realtor, found a great apartment for them in the former Sullivan Town Hall. They talked about it being a perfect balance, combining the original historic style with a modern open concept approach.

As a child, Molly had a lot of exposure to the visual arts since her mother was a juried artist (The League of NH Craftsmen), working with polymer clay. Her former stepdad was a timber framer and her dad was a tile mason. Her mom would take her to the League's Annual Craftsmen's Fair at Mount Sunapee Resort in August, while she sold her crafts. All of this set the tone for Molly's entrance into the arts. She attended Massachusetts College of Art and Design in Boston completing her bachelor's degree of fine arts (BFA) in sculpture. While at school, Molly took many classes including an artistry cooking class. For one assignment each student had to create an ice cream based on their favorite artist. She chose Frida Kahlo and she made chocolate chili ice cream.

Molly traveled to Poland and explored the construction of older buildings there. She documented the old wooden churches and wooden joinery of these buildings. She also took classes at "Haystack Mountain School of Crafts", including blacksmithing. She strongly believes that crafts ARE a form of art. Nowadays that philosophy is more widely accepted.

Rob attended Montserrat College in Beverly MA and completed his BFA there. He was particularly intrigued by woodcut relief printmaking and nowadays he is more into the woodcarving than the printing making. Rob is particularly fascinated by the Japanese style of carving and the print making technique that Albrecht Durer made famous. The woodcut is a type of relief print and when the artist works on the block of wood, he/she is removing parts of the image rather than adding to it, what you leave behind creates the image.

Both Rob and Molly have beautiful and meaningful tattoos. The tattoo on Molly's left arm was designed by her while she was taking an Islamic art and architecture class. She states that, "I was blown away by their designs!" She added that this type of art focuses on botanical patterns and does not include faces. Molly also has a tattoo on her leg of a 22 Winchester Rifle that has a particularly important meaning to her. She got it after her grandfather died. "I was very close to Grandpa Withers, who was a hunter. He always told us to 'hunt carefully and with respect.'" Rob's tattoo was designed by himself, influenced by the artist Alphonse Mucha, a Czech artist who painted in an art nouveau style. Rob's tattoo is based on his interest of dinosaurs. He said that his fascination for these prehistoric animals comes from his childhood interest in imaginary creatures and his intrigue with the science of paleontology.

Before Rob went off to college, his mother was very aware that there was no cafeteria at Montserrat College, so during the summer before he went to school, she had him cooking on a regular basis. Rob also said he's learned much from Molly. During my interview both Rob and Molly talked a lot about the presence of art everywhere, in their home, in their cooking and baking and in nature. Molly noted that they attempt to put artistry into the food they make every day. "When I make a tuna sandwich, I see a work of art in it, and I can see its beauty."

Thank you, Rob and Molly, for spending a lovely hour with me. I found it enlightening. Happy cooking and baking, my palate looks forward to my next taste of your artwork!

HOME CANNING WORKSHOP

Hands on Canning Workshop, Tuesday, August 6th, 6pm to be held at the Nelson Congregational Church, sponsored by the Nelson Agricultural Commission. Cost is \$10, Reservations required

Join UNH Extension Home Horticulture Educator, Sean O'Brien for an introduction to home canning. He will be covering the topics of food safety, necessary canning equipment and the step-by-step process of canning, so you leave with the confidence to can your own food at home. This is a hands-on workshop in which you will learn by experience, so come ready to roll up your sleeves and dive in! You will leave the class with knowledge, inspiration and a jar of berry jam to take home and enjoy. All ingredients and equipment will be provided.

Contact the Nelson Ag Com at nelsonnhagcom@gmail.com

From the Fire Department Myth or Fact?



Medical emergencies, like many other things, have their fair share of myths and old wives' tales associated with them. This time around, we will talk about a few of them and some of the truths behind them.

Myth #1- "If you get a nose bleed, tilt your head back," This probably came from the thinking that keeping your nose higher will cause gravity to slow the bleeding. In truth, the only thing gravity is doing is causing blood drain down into your throat. From there it can end up in your lungs (aka drowning), or in your stomach, which can make you ill. If you get a nosebleed, you should lightly pinch your nose (applying direct pressure) and lean your head slightly forward. Breath through your mouth and spit out any blood that pools in your mouth.

Myth #2- "If you go swimming after eating, you will get a cramp". Mom probably cooked this one up so she could get a few minutes peace at the beach and did not have to watch the kids like a hawk in the water. (I don't blame her). The thinking was the stomach diverted blood from the limbs to aid with digestion and caused cramping. While the stomach does do this, it is not on a large enough scale to cause cramping. You are far more likely to get a cramp because you do not drink enough water and get dehydrated. Sorry Mom.

Myth #3- "If someone is having a seizure, put something in their mouth, so they don't swallow their tongue". There are two main problems that occur when you place an object in a patient's mouth. One is that they may break their teeth. The other is the object breaks. Either way you have introduced foreign objects into the patient's mouth that are now possible choking hazards. If someone is having a seizure, which is characterized by uncontrollable and violent shaking, you want to protect them from harming themselves. Assist them to the floor, if they are likely to fall (if they were sitting in a chair or standing). Protect their head from striking hard or sharp surfaces by moving them to a clear area and placing something soft under their head (your hand or thigh will work). Once the seizure has stopped, roll them on their side with the mouth at a downward angle so any excessive saliva drains out and does not interfere with breathing.

Myth #4- "Eating carrots improves your eyesight". While carrots contain vitamin A and can contribute to a healthy overall diet, they do not improve your eyesight. This was a myth deliberately created by British Intelligence in World War II to deceive the Germans. They needed to come up with an excuse why the RAF intercepted German bombers so quickly during the Battle of Britain. They lied and said the British pilots had excellent vision because they ate a lot of carrots. The truth was a new invention, radar, was detecting German planes far over the English Channel and allowed the RAF to intercept them quickly.

Myth #5- "If you swallow bubble gum it will stay in your stomach for seven years". While it is true the human digestive system cannot break down and digest bubble gum, it does not trap it and hold onto the gum. Barring any existing or ongoing gastrointestinal issues or blockages, gum should naturally pass through the body in a few days.

Myth #6- "Sullivan Fire and Rescue has plenty of people on the department". Not even close. Stop by Wednesday nights to see how you can help. Horrible pay, deplorable hours, exhausting work, but we have the coolest trucks in town—FACT!!!

Household Hazardous Waste Collection!

Summer

July/August Schedules were not determined when we went to print.

Watch for dates in the Shopper, Keene Sentinel and their website for dates.

All collections run 8:00 AM - 1:00 PM

Keene Recycling Center, 55 Old Summit Road, Keene

<https://keeneh.gov/public-works/household-hazardous-waste-information>

What to Bring

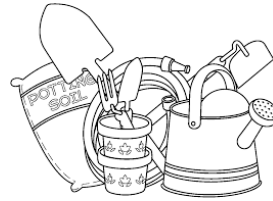
Products marked toxic, poison, corrosive, irritant, hazardous, flammable, danger.

If you think it's hazardous, bring it up.

Other Information: Containers must be labeled as to their contents. No containers larger than 10 gallons will be accepted. 603-352-5739

Tips from a Master Gardener: Better Lawns & Gardens with Less Work

Submitted by Leslie Casey



Grassy fields and wildflower meadows are some of the elements we find most attractive in our rural landscape. Humans the world over prefer semi-open habitats like these, a preference that seems to have been inherited from our ancient ancestors. Fields and meadows, as opposed to mowed lawns, support a diverse array of plants and wildlife. In this article I will talk about the value of preserving these pleasing landscapes and give some recommendations for stewardship.

It may be a surprise to learn that grasslands are, for the most part, not natural to Sullivan. Most of New Hampshire's open landscapes are the result of clearing by people, and they require ongoing maintenance owing to the fact that they are not a stable type of ecosystem in our region. If left alone, undesirable weeds take hold, and shrubs and small trees grow in, reverting eventually to forest. Since the mid-1800s, New England has been losing grasslands to forest regrowth and to development. Today, grasslands comprise only 4 percent of New Hampshire's total land area.

More than 70 species of New Hampshire wildlife use open areas of fields and wildflowers to meet their needs. Grasslands of any size will provide habitat for small mammals, snakes, raptors, and insects. Large grasslands (greater than 25 acres) are rare here, but they are of the most value for certain species of grassland birds and are the highest priority for conservation. Agricultural fields are used to produce hay or pasture livestock. Improving fields for agricultural production starts with creating a soil environment where forage plants can thrive. A soil test through the UNH Cooperative Extension soil testing service is a good way to determine what inputs are needed to achieve the optimal pH and nutrient profile. UNH Extension has many fact sheets and resources on its website regarding forage production, and you can always contact the InfoLine (877-398-4769 or answers@unh.edu) for guidance.

If aggressive weeds are a problem, intensive grazing or frequent mowing can often serve as an effective control measure. In some cases, herbicide treatment may be needed to eliminate persistent weeds. For more information, contact the NH Department of Agriculture's Pesticide Control Division at (603) 271-3550 or www.agriculture.nh.gov. The "New Hampshire Guide to Upland Invasive Species" is very helpful for identification of problem weeds and for control strategies. Some of the invasives that are of greatest concern for taking over fields are Multiflora Rose, Canada Thistle, and Spotted Knapweed. With planning, it is possible to achieve a balance between agricultural use of fields and impacts on wildlife. If it is necessary to mow or graze during the bird breeding season (May through mid-July), consider establishing a rotational mowing program in which different parts of a field are mowed/grazed at different times. This creates a patchwork of different grass heights that provides cover and food to the greatest numbers of wildlife. Unmowed strips can also serve as refuges for fledgling birds and other animals.

Modifications to mowing techniques can help reduce impacts on grassland-breeding birds during the breeding season:

- Raise mowing bars to 6 inches or more in areas with grassland bird concentrations.
- Grassland birds roost in the fields at night, so avoid mowing after dark.
- Use flushing bars on haying equipment (for more information, contact the Wildlife Division of the NH Fish & Game Department at (603) 271-2461).
- Delay mowing in wetter areas or in grasslands along brooks.
-

If a field, large or small, is not being used for agriculture, the cheapest and easiest way to maintain it is mow or brush hog at least every 3 years. It is recommended that this be done in fall, if possible, to avoid disturbing nesting wildlife, and to allow grasses and wildflowers to set seed. If goldenrod is becoming too dominant, it might be better to mow in late summer before the goldenrod sets seed, however. Mowing usually leaves residual weeds and saplings along stone walls, boulders, tree lines and other obstacles that need to be cleaned up, if the field is to be kept open. Those messy areas are also great breeding grounds for invasive weeds like Multiflora Rose, Glossy Buckthorn, and Oriental Bittersweet. Staying on top of the cleanup is less work in the long run than having to tackle an entrenched invasives problem.

Our grasslands are valuable and worthy of investment. They support abundant biodiversity, contribute to the agricultural economy, and are emblematic of our rural heritage. Plus, they are nice to look at.

I hope you have enjoyed these tips. If you have gardening questions, email me: LCasey29@hotmail.com. I will try to find you the answer or I will forward your question to one of our UNH Extension experts.

Food Pantry Donations

Many thanks to all of you who contribute to the food pantry. Your donations are much appreciated! If you would like to donate, non-perishable items can be left at the Sullivan Post Office, Library or Town Hall. Questions? Please contact Gaynelle Pratt at 603-847-3271.

SULLIVAN CONGREGATIONAL CHURCH

Sunday service 9:30 am 847-9030

Pastor Christopher Cornell

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Facility Rental: Wendy Pelletier

603-209-0333

Preferred contact is email

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<https://www.cvtc-nh.org/>

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we can always use more drivers!

SULLIVAN COUNTRY STORE

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(603) 847-3053

www.sullivancountrystore.com
[www.Facebook.com/nhcountrystore](https://www.facebook.com/nhcountrystore) & Instagram:

Sullivan Country Store
Closed Mondays

Store Open Tuesday - Sunday 6am - 6pm
Kitchen Hours: Wed. – Sat. 6am – 5pm,
Sunday 8am – 3pm, Tuesday 9am – 4pm

FOOD PANTRY

Rear, lower level of church
2nd & 4th Thursdays 5:30-6:30 pm.
Not convenient?
Contact Gaynelle Pratt 603-847-3271.

NEWSLETTER INFORMATION

The Sullivan Newsletter is published 6 times a year. It is mailed free of charge to Sullivan residents and interested landowners/taxpayers. Subscriptions are \$5 a year for non-taxpayers. Classifieds are \$10 a year; \$2.50 per issue, \$45 per full page or \$25 for ½ page. Make checks out to Sullivan Newsletter. Mail to PO Box 110; Sullivan, NH 03445 or drop it off at the town hall with the town clerk or administrative assistant.

Deadline for the next newsletter August 20. News items may be left in the Sullivan Library Book Box, mailed to PO Box 110 Sullivan 03445 (labeled Newsletter) or e-mailed (preferred) to:

bcummings@myfairpoint.net

Editor: Becky Cummings 603-847-3477
Assistant Editor: Gaynelle Pratt

SULLIVAN NEWSLETTER
PO Box 110
Sullivan, NH 03445

TOWN CONTACT NUMBERS

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selectmen@townofsullivannh.com
Town Clerk 603-847-3316
townclerk@townofsullivannh.com
Town Highway Dept. 603- 847-3366
highway@townofsullivannh.com
Sullivan Planning Brd 603-847-3100

planning@townofsullivannh.com
Sullivan Fire Station 603-847-9020
Sullivan Library 603-847-3458
sullivanpubliclibrary@gmail.com
Sullivan Country Store 603-847-3853
Sullivan Church 603-847-9030
Sullivan Post Office 603- 847-9720
Nelson School 603-847-3408
Keene Middle School 603-357-9020
Keene High School 603-352-0640
Sheriff (non-emergency) 603-352-4238
EMERGENCY 911

For Burn Permits

Fire permits are required for all outside burning including campfires and the burning of brush. Gas grills, gas fire pits and charcoal fires in a container up and off the ground do not require a permit. We do issue seasonal campfire permits but permits are issued on a daily basis, weather permitting.

Sullivan's Forest Fire Wardens:

Al Henry - Warden 603-762-4231
Mike Blanchard - Deputy Warden 603-762-0941
Erik Kazlouskas - Deputy Warden 603-903-2881
Robert "JR" Guyette - Deputy Warden 603-852-2815
Paul Bolduc - Deputy Warden 603-498-2578

Please note: we make every effort to ensure the accuracy of the information in this newsletter. However, you should always call ahead or check the website to confirm dates, times, location and other information.



POSTAL PATRON
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