



Sullivan Community Newsletter

Vol. 43 No. 5

Sullivan, NH

March – April 2024

SCHOOL & TOWN ELECTION DAY

March 12th, - 11 a.m. to 7 p.m.

Town & School District Elections will take place on Tuesday, March 12 from 11 am to 7 pm at the Town Hall. The procedure will be unchanged the last election—enter from the door facing Centre Street. PLEASE, have your photo ID out and ready to present before you enter the hall. A complete list of those running for office follows inside this newsletter.

Register to Vote - If you have not registered to vote, you may do so with the Town Clerk before the election or at the polls on March 12. **Note** - You must be a registered voter to vote on warrant articles at the School & Town Meetings on March 13. New voter registrations will not be accepted at the Town Meeting on March 13.

Absentee Ballots - If you are worried that you won't be able to get in and vote, don't despair! Contact the Town Clerk's office and get an absentee ballot. Absentee ballots are available for both the Town Election and School Election. The Sullivan web page will have copies of the ballots posted. <https://townofsullivannh.com>

Free photo ID's for non-drivers - A voter who does not have an approved photo ID may obtain a free photo ID for voting purposes only by presenting a voucher from their town/city clerk or the Secretary of State to any NH DMV office that issues identification.

The Town Clerk's Office will be closed on Election Day!

TOWN & SCHOOL DISTRICT MEETINGS

March 13 – beginning at 7pm

DRIVE-BY EASTER EGG HUNT!

Sponsored by the Sullivan Country Store

A Drive-by Easter Egg Hunt is scheduled for Saturday, March 23, from 11:00 am to 1:00 pm! Keep an eye out for the map featuring all participating homes, which will be available at the Sullivan Country Store and on the Sullivan NH Facebook page.

To have your home featured on the map, kindly complete the form: <https://forms.gle/VBfRcKHRUSAFQ3266>

For any inquiries, feel free to reach out via email at sullivancountrystore@gmail.com or visit the store in person.

Participating homes are encouraged to leave either a basket filled with eggs or a bowl of candy – the choice is yours!

SPRING ROADSIDE CLEAN-UP & LUNCH! – May 4 - 9am

The snow is melting and soon we'll begin to see what's been left underneath; most likely cans, bottles & miscellaneous refuse. Everyone's help is needed to clean Sullivan's roadways again this spring. If you could take one section of your road and pick up the rubbish, it would be a great help. Meet in the Town Hall/Church parking lot at 9 am for road assignments and to pick up a few of the familiar blue bags.

A lunch, sponsored by the Sullivan Conservation Commission, will be served in the Fellowship Hall at the church. The food is good and the company even better. For those new to town, it's a great opportunity to meet your neighbors! There is no fee for lunch. Chip Woodbury will provide music on the guitar for a sing-along and your listening pleasure.

If you can't make it on the 4th but would like to help, trash bags will be available at the Town Hall, Library and Post Office. The filled blue bags can be left at the town barn in the salt shed on Church St.

RUNNING FOR OFFICE

Town

Selectman (3 year term) – vote for one

Virginia DeAngelis (Ginger) - incumbent. I have had the wonderful opportunity, both eye opening and insightful, to step in as (1 of 3)

Selectman for the (2023) interim due to the sudden resignation of Marsha Cook and would like to continue in this position. I have great respect for the many volunteers, elected officials & trustees who serve this town with skill and patience and would like to continue to do the same.

I have also volunteered at the Sullivan Library since 2021 and have been fortunate to make new friends while interacting and meeting so many other Sullivan residents. The importance of serving our town is important to me as I see how hard officials work to sustain a small community in the best possible way with excellence and prudence. I would be honored to have your vote and serve this community. Thank you for your support.

Selectman – Aimee Fador - write-in

My name is Aimee Fador and if you have been on the community FB page lately, you will see I have asked you to write me in for Selectman. My husband Steve, and I, along with our two children, live in Sullivan and have for just over a year now. We are born and raised New Englanders. A blue collar family! Steve is a Sr. Chief Marine Engineer & Merchant Marine of over 30 years. My professional background is in education and athletics. I was a teacher and athletic director; I have also been a basketball coach for over 17 years--traveling all over the country when I was a player and as a head coach, with my teams. I loved being a part of the journey for my players, most of which played or are currently playing, at the collegiate level. I am also a published author. I wrote a book about faith and patriotism, just over a year ago. Steve and I made the decision, several years ago to homeschool our children. Let's just say, the direction of this country and its education system had a lot to do with this decision! When we take a stand in our home, we take a stand! Please, follow my posts leading up to the election on our FB community page to learn more about me and why I am putting myself out there for Selectman.

Moderator (2 year term) – vote for one

Chris Pratt - incumbent: I am running for re-election as Town Moderator. I would appreciate your vote on election day, March 12, 2024.

Library Trustee (3 year term) – vote for one

No candidate on ballot – write-in

Cemetery Trustee (3 year term) – No Candidate on ballot - vote for one

Write-in - Todd Smith (incumbent) would appreciate your write-in vote as cemetery trustee. Thank you.

Write-in – Sherry Connor would appreciate your vote as cemetery trustee. Thank you.

Budget Committee (3 year term) – vote for two

Brad Smith - incumbent - I am running for one of the open Budget Committee seats in order to carry on the fiscal responsibility that this remarkable town consistently shows. I believe that through the dedicated service of our town employees and volunteers, we accomplish a great deal. The Budget Committee plays an important role in helping to balance the needs of the town with the constraints of what we can afford. I would be grateful for your support.

Write-in – Sherry Connor would appreciate your vote for the second position on the Budget Committee. Thank you.

Supervisor of Checklist - (6 year term) – vote for one

Becky Cummings -- incumbent. I enjoy helping new people in town register to vote as well as keeping the checklist up to date and current with the State election system. I would appreciate your vote – thank you.

Trustee of Trust Funds – (3 year term) vote for one

Will Thorndike - Six years ago, my wife Sarah and I moved to this wonderful little town. After 37 years of my teaching Middle School Math and Science, and Sarah working in Special Education, we settled in Sullivan to enjoy retirement. She has fully embraced that goal. I, not so much. I would greatly appreciate your vote for me to continue as a member of the Trustees of the Trust Funds, so that I can help to carry on the work done by the previous members of this committee.

School District

School Board – (3 year term) vote for one - **Malinda Sherpa** – incumbent. - Hi, my name is Malinda Scherpa and I am asking you to consider voting for me for Sullivan School Board member. I have been on the Sullivan School Board since our withdrawal from the Monadnock School District and was also on the withdrawal committee. I am a pediatrician working in Keene as well as the mother of 3 children, 1 currently attending Nelson School, 1 at Keene Middle School, and 1 at Keene High School. I feel it is very important for all of our children to have access to high quality public education that will help them reach their full potential. I also understand the importance of doing this in a way that is affordable to the taxpayers of Sullivan. Thank you and I hope you will consider voting for me on March 9th.

Malinda Scherpa

Treasurer – (3 year term) vote for one - **Ann Gray** – incumbent. I have lived on Valley Road since 1977. My kids grew up and went to school here. Now that I am retired, I have the time to give back to the town. My work background and degrees are in accounting and business. I worked 12+ years as a financial analyst for a large company, then another 10 in purchasing. I have been involved in budgeting, forecasting, creating policies, and processes to ensure accuracy and compliance with applicable laws. I have been the school board treasurer for almost a year, I enjoy the role, and my goal is to support the board in reporting, forecasting and any other area needed. I appreciate your vote.

Other Town Offices may have openings...

Several town offices are appointed, rather than elected positions. There may be openings now, or in the near future. They are appointed by the Selectmen. Appointed offices include: town treasurer, planning board, zoning board of adjustment, overseer of welfare, conservation commission and health officer. If you are interested in serving in any of these positions, let the town administrative assistant or a selectman know.

Local Ordinance Amendments on Ballot

Submitted by: C. Christopher Pratt, Sullivan Planning Board Chair
and Leslie Casey, Sullivan Housing Task Force Chair

At the March 12th Town Elections, voters will see two ballot items with proposed ordinance changes that would impact how houses may be built in Sullivan. For the past year, a team of dedicated Sullivan volunteers, with considerable citizen engagement, has worked to develop these proposed changes to our Community Planning Ordinance. The goal has been to make it easier to meet the needs of those who don't need a full single-family dwelling, while respecting Sullivan's historic, rural, agrarian character.

The Planning Board and the Housing Task Force recommend that you vote YES on both ballot items.

The ordinance changes on the ballot would make it easier for landowners to build Accessory Dwelling Units (ADUs), giving them more flexibility in how they use their land. ADUs give residents more housing choice, whether they be empty-nesters looking to downsize while staying in Sullivan, homeowners who want to have an adult child or an elderly parent live close by, or single adults who may not want the expense and upkeep of a larger single-family home. Because of their small size, ADUs benefit a town by expanding the tax base without adding equally to services, roads or education costs.

What Are Accessory Dwelling Units? ADUs are complete dwelling units with permanent, separate cooking and bathing facilities. ADUs are often called in-law apartments, garage apartments, or granny flats. They can be carved out of the main dwelling, created in an existing garage or outbuilding, or newly constructed as a free-standing building. ADUs in existing houses are referred to as 'attached' and those in outbuildings are referred to as 'detached.'

Creating a smaller, more accessible unit allows an older person or couple to remain in our community with all the social support that provides, and without the burden of keeping up a larger home. Two thirds of households in Sullivan consist of one or two people, for whom a small ADU may be a desirable choice. Or, residents may choose to remain in the larger portion of their existing house. These units may be more affordable than new, market-rate units since they are created out of existing housing stock. They may help young people to put down roots in Sullivan. **Housing choice builds community.**

NH towns are required by law to allow for ADUs, and Sullivan currently has an ADU ordinance. Changes to the ordinance that will appear on the ballot are explained below:

The first housing-related ballot item would clarify that (a) only one single-family principal dwelling unit or duplex is allowed for every lot of record regardless of size, and (b) single-family principal dwellings are allowed to have Accessory Dwelling Units (ADUs). Only single-family principal dwelling units on conforming lots are allowed to have a detached unit. In addition, the change would remove Sullivan's local ordinance requirements for minimum interior square footage for living areas since NH Building Code already sets standards to ensure health and safety.

The second housing-related ballot item would increase the number of ADUs allowed per principal dwelling on a conforming lot from one to two, either two attached units or one attached and one detached unit. The total square foot area for all ADUs on a lot would be limited to 1,200 square feet or 40% of the conditioned square foot area of the principal dwelling, whichever is greater. ADUs still must comply with all building permit requirements.

The ballot for Town Elections has been published and is available on the Town of Sullivan website, and a copies of the Community Planning Ordinance showing the changes are available at the Town Clerk's office and the Planning Office at Town Hall. For more information on housing in Sullivan, and a presentation on types of homes that would fit our town, please visit the Planning and Zoning/Master Plan Update page on the website. Questions? Email the Planning Board: Planning@TownofSullivanNH.com, or visit the office during normal Town Hall hours.

WEIGHT RESTRICTION ON TOWN ROADS

March 1 through May 15 In accordance with RSA 231:191, the Board of Selectmen, on advice from the Road Agent, establishes the max. seasonal weight limit of 6 tons, effective March 1 to May 15 for all Town of Sullivan roads. Violations shall be subject to a fine of \$1,000. For exceptions and questions to the 6 ton weight restriction, contact the Road Agent at 603-847- 3366 between the hrs. of 7am & 3pm Mon. – Fri. or email highway@townofsullivannh.com

Do you have icy walkways and/or steps? Sand for personal use is free and available to Sullivan residents at the Town Barn on Church St. Bring your own container(s) and shovels. Note: This is for personal use only, not those in the business of sanding.

From the Archives

by Chris Pratt

On 13 March 2024, voters will gather for Sullivan's 236th Annual Meeting. The Town Hall's meeting space will be filled with folding chairs to accommodate our registered voters. The room is centrally heated, and there is abundant lighting. The warrant will be presented and voters will consider motions regarding the various appropriations and other articles. The annual meeting is part of New England's tradition of local government, but that doesn't mean there haven't been changes over the years. Consider the 36th Annual Meeting held on 9 March 1824.

The meeting was held in the Second Meeting House which stood where the Sullivan Public Library is today (436 Centre Street). It was a nearly square building (49'x37') with three entrances to the main floor and staircases to a large gallery. Seating was in the traditional wooden box pews with their straight backs and un-cushioned seats. There was no heat in the building—a stove would not be installed until 1826. Lighting came from outside through nine windows on the south side of the building and four windows each on the east and west sides. The north side had a large window in back of the pulpit. Meetings had to be held during the day as there was no internal lighting.

The Town Warrant consisted of 10 articles and "warned" all legal voters of the Town of Sullivan to meet at 9 AM. Legal voters meant all men over the age of 21. Women could attend the meetings, but could not vote. 97 voters attended the meeting out of a total population of about 500. The first article was to choose a moderator for the meeting. In those days, there was no town moderator per se. The moderator was chosen at the beginning of the meeting, and his job ended when the meeting adjourned.

The next article was to elect town officers. This included a town clerk, three selectmen, a tax collector, five school board members, six highway supervisors, a constable, a sexton of the burial ground, a caretaker of the meeting house, two fence viewers, and six hog reeves. All of these positions were for one year. Note that the entire board of selectmen was elected at once. Staggered terms would not be adopted until 1917. The six highway supervisors were one for each of the six administrative districts that the town was divided into at the time. Fence viewers were responsible for settling boundary disputes between property owners. Hog reeves were called upon to round up stray cows, sheep, hogs, etc. and take them to the town pound to be reclaimed by their owners. The office of caretaker of the meetinghouse included a job description. He had to sweep the floor at least every 2 months, was responsible for opening and closing the house on the Sabbath, and he had to keep the steps free from snow. The job was bid out and Selim Frost's bid was accepted for \$2.40 for one year.

The election required a majority of votes rather than a plurality. Nominations were taken from the floor. Voting was by show of hands. If more than two people were nominated, electing someone could take a number of ballots—majority meaning that the winner had to have more votes than all of the other candidates combined.

With officers elected, the meeting turned to other items on the agenda. 1824 was an election year for state and county officers such as governor, county commissioners, state senator, etc. In those days each township had at least one seat in the legislature. Josiah Seward was elected to that position.

The next articles were for appropriations, and these are familiar to a modern audience. Separate articles were for town charges, schools, highways, and support of the poor. However, there was no budget committee to gather information and determine a budget. The amounts came in the form of motions from the floor probably guided by the board of selectmen. The meeting agreed on \$300 for the town, \$400 for highways, \$400 for the schools, and aid for the poor was left to the selectmen. Just like today, the biggest expenditures were for highways and schools. However, there were no capital reserve appropriations. Funding was on a "pay-as-you-go" basis.

The Town Clerk did not record an adjournment time, but the meeting most likely went on for most of the day. There would probably have been an adjournment for the mid-day meal. Most of the people would have gone home for that, but those who lived some distance away would have walked across the street to Enoch Woods' tavern (443 Centre Street).

Although our ancestors met in a hall that was heated only by warm bodies and had to sit in box pews, the purpose of the meeting was the same as ours. They deliberated on the town's expenditures and cast their votes for officers in one of our nation's most democratic of institutions.

Public Notice

The Sullivan Public Library Board of Trustees will hold their monthly meetings on March 14, April 11 and May 9, 2024 at 11:30 AM at the library. The purpose of the meetings will be to formally receive any donations, hear reports and conduct any business related to the administration of the library. As always, the public is welcome.

REGRETFULLY, WE SHARE SOME SAD NEWS...

It is with sadness we pass on to you that Marsha Cook passed away on January 25. Marsha was a former selectman and a very active, well-known and well-liked volunteer in town. She will be missed by all who knew her.

“LIBRARY FOOTNOTES”

From Sullivan’s Big Free Library

March is here! And with it we have St Patrick’s Day, the first day of Spring, and Easter. April brings a little break from schoolwork and that longing for the springtime flowers to make their appearances.

However, while we are waiting for all of that, the library offers a variety of books to help you plan and prepare for those upcoming events. Titles such as *New England Gardener’s Guide*, *Outdoor Stonework* and *The Complete Book of Groundcovers* to help you plan your yard. Perhaps you would like to learn to knit or crochet while you’re on break, or maybe you’d like to refresh your memory on some chemistry or physics basics. While we may be a small library, we just might have something to tempt you into borrowing a book, magazine, DVD or CD.

We are beginning to plan for our Summer Reading Program, stay tuned!!

Do you have a certain book that you would like to see added into our collection? Let us know and we will see if it is something we can get. Do you have a particular museum that you would like to visit? Maybe the library can help you with the cost of admission. Let us know the museums you are interested in and we can look into getting passes for them.

We would like to extend a thank you to all who have been donating their time and/or materials to us so far this year. We really appreciate you!

Your librarians,
Paulette Tuttle and Sara Bolduc

From the Little Free Library at 312 Centre Street

Finally, we got snow for all of you who enjoy outdoor winter activities! And for those of you who may not love the cold outdoors the Little Free Library on Centre Street has been accessible after every snowfall! I have seen so many of our neighbors stop by on a regular basis all winter long, thank you. The newly donated books shared during the Christmas holiday were a success as were the Valentine’s Day crafts.

St. Patrick’s Day surprises are on the way and then comes Springtime fun ☺

There are over 175,000 little free libraries which have shared 400 million books in more than 121 countries. That’s a lot of books! 150,000 of the little free libraries are in the US. There are approximately 17,000 Public Libraries in the US, just over 250 in New Hampshire, according to the Library Technology Guides site.

Fun Fact: Free Library became a nonprofit on May 17, 2012, launching our journey to make books accessible to everyone. Before 2012, Little Free Libraries were in local neighborhoods offering a fun, free way for anyone to find a new book to enjoy. Our Little Free Library opened in August 2021 and has grown so much because you are using it. Thank you

From the Little Free Library at 426 Valley Road

We’re open seven days a week, 24 hours a day and are freely accessible to all – stop by and see what’s new!

Household Hazardous Waste Collection!

A great opportunity to clean toxic wastes from your basement, workbench, garage, and cupboards.

Spring 2024 Sat. Mar. 23 Wed. Mar. 27 Sat. Mar. 30

Sat. Apr. 13 Wed. Apr. 17 Sat. Apr. 27

Sat. May 11 Wed. May 15 Sat. May 18

All collections run 8:00 AM - 1:00 PM Keene Recycling Center, 55 Old Summit Road, Keene

<https://ci.keene.nh.us/public-works/household-hazardous-waste-schedule>

What to Bring - Products marked toxic, poison, corrosive, irritant, hazardous, flammable, danger. If you think it’s hazardous, bring it.

What Not to Bring - Empty containers (can be recycled), latex paint, ammunition, fireworks, radioactive materials, makeup & toiletries.

Other Information - Containers must be labeled as to their contents. No containers larger than 10 gallons will be accepted. Collection takes approximately 10 minutes from time of arrival.

DON’T FORGET – IT’S ALMOST TIME TO LICENSE YOUR FAVORITE 4-LEGGED COMPANIONS!

All dogs, four months old or over, living in the state of New Hampshire, must be licensed by & vaccinated by their owners in the town or city of residence. Exceptions to licensing fees include service dogs and guide dogs, which must also be licensed but are exempt from paying a fee, if they provide an identification card from a recognized training agency or school. Similarly, military dogs who received an honorable discharge are also exempt from fees. If you have a furry companion, make sure to get them properly licensed by April 30.

From the Fire Department



Treating Burns...

This time around, we are going to talk about burn injuries and some treatments. There are several types of burns, but we are only going to be discussing **thermal burns** this time, as well as the different levels of severity. Thermal burns are received by contact with a heat source. Most thermal burns are minor and do not require professional medical services, however, larger and more serious burns can be fatal.

The first thing to remember when dealing with burns is you want to stop the burn. The body's natural reaction to pull away from something hot will often take care of this, but in cases that are more serious, the patient, and bystanders, may need to intervene. If someone's clothing is on fire, the "stop, drop, and roll" method can be used to put the fire out. Patients can also be doused with water or have the flames smothered with a blanket. Once the fire is out, the patient should also be moved to a safe area, so they do not receive further burns and can be cared for by others safely.

The least severe burns are 1st degree burns, or superficial burns. These burns are characterized by redness at the burn site and are painful. Minor sunburns would be an example of a 1st degree burn. Patients may also experience tenderness and mild swelling. Treatment for superficial burns starts with immersing the burn area in cool water, or under running water. Do not ice the burn area. Rings or jewelry should be removed from the burn area, and the patient should drink water. Once the burn has been cooled, apply aloe vera gel to the burn and keep the area clean.

The next level of burns are 2nd degree burns, also called partial thickness burns. A burn of this nature has penetrated further into the skin than superficial burns. Symptoms include a high level of pain, with blisters, swelling and weeping fluids. Treatment for these burns are the same as 1st degree burns, except instead of aloe you should apply a thin layer of antibacterial ointment to the burn site and cover loosely with a dry nonstick dressing. This is because with many 2nd degree burns the skin is broken; and, therefore at risk of getting infected. If there are any blisters at the burn site that are intact, do not pop them, this will only increase the risk of infection. Seek medical aid or call 911, if the patient has 20% or more of their body covered in 2nd degree burns (20% is roughly an area equal to the entire surface area of the patients back). Also, call 911 if they have burns to the face, and/or are having difficulty breathing. This may be a sign they inhaled superheat air and have burns inside their throat, which is a life-threatening injury.

3rd degree burns, full thickness burns, are the most serious level of burns. Call 911 for all 3rd degree burns. These burns are characterized by leathery, gray colored skin or charring. These burns have destroyed all skin at the burn site and burned down into the muscle beneath. There may not be any pain at the burn site because all the nerve endings have been destroyed. Do not be fooled into thinking the burn is not as bad because they do not hurt. There is an extremely high risk of infection for these burns. Do not try to remove any foreign objects or try to clean the burn site. Do not flush the wound (except to put the fire out if needed) and do not apply any ointments or gels. At this point, you want to protect the site by covering it with a dry, nonstick, sterile (or at least clean) dressing. Monitor their breathing for difficulty or signs they inhaled superheated air.

These are the basics for thermal burns. Next article we will discuss electrical and chemical burns and their treatment.

NHSaves Button Up Workshop Hosted by Nelson Clean Energy April 4 at 6:30 – Nelson Town Hall

NHSaves Button Up, the popular home energy savings workshop series, is coming to Nelson!

Nelson Clean Energy, Nelson Library and **Sullivan Conservation Commission** are presenting this free workshop for residents. It will take place on Thursday, April 4, 2024 from 6:30-8:30 PM at the Nelson Town Hall, 7 Nelson Common Rd., Nelson, NH. The workshop is sponsored by NHSaves and coordinated statewide by the Plymouth Area Renewable Energy Initiative (PAREI).

NHSaves is a collaboration of New Hampshire utilities (Eversource, Liberty Utilities, NH Electric Cooperative and Unittel), working together to provide NH customers with information, incentives, and support designed to save energy, reduce costs and protect the NH environment. PAREI of Plymouth, NH is working with local groups around the state to bring these workshops to the public on behalf of New Hampshire's utilities.

The NHSaves Button Up Workshop is a 1.5 hour presentation plus Q&A about how to improve the energy efficiency of your home. It is conducted by a certified energy auditor and covers basic building science principles as well as examples of whole house weatherization measures that will button up your home for the heating and cooling seasons. It also covers details about the energy efficiency programs offered by NH utilities (for existing homes and new construction) that provide energy audits, weatherization measures such as air sealing and insulating and rebates on new technologies and products such as electric and gas appliances and high efficiency electric heating/cooling equipment.

NH residents wishing to use energy more efficiently, conserve energy and save money on their heating and cooling bills, will find the workshop presentation very helpful. The workshop is free and no registration is necessary. For more information on the Nelson or other NHSaves Button Up Workshops visit https://nhsaves.com/learn/?resource_type=events or e-mail Patsy Beffa-Negrini, nelsoncommunitypower@gmail.com or Wendy Byrn - dervish@myfairpoint.net

**Mark your calendars to attend this workshop and find out how to save some money!
Find out how to have an energy audit on your own home!**

Tips from a Master Gardener: Better Lawns & Gardens with Less Work

Submitted by Leslie Casey

As a UNH Extension Master Gardener volunteer, I aim to bring education about gardening, plants, soil, insects and more to home gardeners. I do that by and large by pointing people to the verified resources available through the Extension. If you haven't explored the website (<https://extension.unh.edu/agriculture-gardens>), I highly recommend it! There are great videos, podcasts, information sheets, and helpful links. You can also get free advice from Extension specialists by contacting Infoline [1-877-EXT-GROW (398-4769)], or email: answers@unh.edu].

Spring in the Monadnock region always seems to come in slower than it should. On the plus side, that long gap between sugaring season and Mother's Day is the ideal opportunity to start chipping away at yard work and making preparations for a successful summer season in the yard and garden! Here are some tips from UNH Extension.

In March:

- Avoid injury to lawns and gardens by limiting foot traffic as the snow melts. Soils are more likely to become compacted when wet.
- Disinfect plant containers that were used in the previous gardening season. Soak them in a solution of 1 part chlorine bleach to 9 parts water for ten minutes. Use a scrub brush to clear away stubborn debris. Finish by rinsing pots and allowing them to dry. Filling disinfected pots with fresh, sterile potting mix will also help prevent insect and disease issues.
- Prune woody plants. Make sure your pruning tools are in good condition, and remember to wait to prune spring blooming shrubs until after they are finished flowering. When in doubt, a good place to start is by removing any branches that are dead, diseased, or damaged. Next, look for limbs that are crossing or rubbing. Aim to remove no more than 1/3 of the total living branches from a tree in a single year.
- Late March is a good time to start seeds in pots for annual flowers, and cold hardy vegetables such as leeks, onions, lettuce and brassicas (broccoli, cauliflower, kale). Most will germinate best in a warm sunny spot, but then should be moved to somewhere cool (not freezing) to continue growing.
- As recommended by NH Fish & Game -- take down bird feeders before April 1st to avoid tempting hungry bears!

In April:

- Rake away winter mulch and take off burlap wrappings from perennials and shrubs around the time spring bulbs start blooming.
- Plan out the vegetable garden. Design it so members of a given plant family are not planted in the same spot year after year (i.e. "crop rotation"). That will help to reduce pressure from diseases & pests and manage soil fertility. The major vegetable crop families are *Solanaceae* (tomatoes, peppers, potatoes), *Brassicaceae* (cabbage, kale, broccoli, brussels sprouts), and *Fabaceae* (beans, peas). Make sure the garden plan includes walkways to keep foot traffic out of planting beds. Finally, make sure tall crops won't shade the shorter ones too much.
- Fertilize based on soil analysis. Use a reliable soil testing service such as UNH Extension. They will provide you with a report with detailed results recommendations for fertilizer. Wait to fertilize vegetable garden beds until right before planting so nutrients don't get washed away.
- Plant cool-season crops in the garden before the last frost date, which is about May 19th. Common cool-season vegetables include spinach, turnips, onions, leeks, carrots, broccoli, kale, brussels sprouts, peas, Swiss chard and beets.
- Start seeds of warm season flowers and vegetables indoors.
- Treat lawns for crabgrass with pre-emergent herbicides, if desired, around the time that forsythia is in bloom. If using an herbicide, make sure to read and follow all instructions on the product label. And remember, establishing a dense and healthy lawn is the best way to keep crabgrass and other weeds at bay.

I hope you have enjoyed these tips. If you have gardening questions, email me: LCasey29@hotmail.com. I will try to find you the answer or I will forward your question to one of our UNH Extension experts.

FARM CAMP SCHOLARSHIPS FOR KIDS AVAILABLE!

Jeffrey P. Smith Farm Camp Scholarships for kids ages 5 to 20! The Cheshire County Conservation District is now taking applications for the Jeffrey P. Smith Farm Camp Scholarship! It's a great chance to learn how to grow all sorts of wonderful foods and/or an opportunity to learn to help take care of animals. If this is of any interest, waste no time in applying for one of our free farm camp scholarships. Find the form at: <http://www.cheshireconservation.org/monadnock-localvores> . Deadline to apply is March 31st.

Please note: this is not a school sponsored program.

Getting to Know Your Neighbors

Sara and Paul Bolduc

by Risa Keene

Another fun and interesting interview with some community members here in Sullivan NH. I visited with Sara and Paul Buldoc the other day. WOW, what thoughtful, creative, warm, compassionate and bright people! Thank you, Paul and Sara, for giving up part of your busy Saturday to spend time with me, in addition to our virtual interview. It was FUN, learning about the two of you and your family.

I began my interview with Sara and Paul virtually in early February because I was out of town for the month. Less than a minute after our conversation began Paul and his son Parker got an emergency call from the Sullivan Fire Department. Volunteering as a firefighter is one of Paul's several jobs in Sullivan, including EMT, school board member and a selectman (in addition to his regular teaching position at Great Brook School in Antrim). Paul and Parker rushed out, and Sara and I had an interesting conversation.

Sara is one of the two creative librarians in Sullivan, (Paulette Tuttle is the other), and works there Tuesday and Thursday evenings as well as Saturday mornings. Paul happened to see the notification in our newsletter, stating that the town was looking for another librarian. He thought she'd be a perfect fit for the job because of her love of books, her organizational skills and their children's love of the library. Sara's been there for 2 years now. She said that working at the library is one of the best things she has done, because it's allowing her the opportunity to get to know many of the residents here in town.

A couple of years ago Sara was "nominated" by a fellow Sullivan resident, for the position of School Board Clerk. The job requires that she attend some of the meetings. She must make sure the warrant articles are submitted, town notifications of the meeting dates get out, board members take their oath before joining, and she completes the paperwork for the new board members.

Both Paul and Sara attended Keene State College (KSC) at the same time, however they did not meet until after graduating, when Paul had returned from living in Hungary for 2 ½ years. More about that later. They were both working at Shaw's in the deli department and frequently had similar schedules. Paul and Sara started dating and the rest is.... history.

Sara is originally from Massachusetts and spent her summers as a child in Montana, where her father lived. She describes Montana as being a different world from MA. "Life was less pressured, more laid back in Montana." About 60% of the state is prairie and the western portion of the state falls within the Rocky Mountains. Many people there enjoy flyfishing and camping, including Sara's father. Sara has fond memories of reading a book on a rock while her brother and father worked the riverbanks with their fishing rods, and not so fond memories of rough camping in the rain!

At KSC Sara majored in English and after graduating gradually worked towards a job as a marketing manager. Sara realized that business was going to be her profession, so decided to get an MBA from Plymouth State University. She is presently a project manager for NewsBank, a company that does historical archiving of newspapers, journals, broadsides and ephemera for libraries and research institutions, from 1706 to the present. She enjoys her job because it allows her to collaborate with the many different departments of the company. In fact, another Sullivan resident is a workmate of hers at NewsBank, John Belliveau. They both work remotely but do have the opportunity to meet in person occasionally. Her company also partners with the American Antiquarian Society in helping to digitize their artifacts and history.

Luckily, I was able to visit Sara and Paul last week to complete the interview at their home. It is incredibly interesting. You can really get a feel for people by visiting their house. First, I was greeted by Teddy, their poodle schnauzer mix. He has a gentle soul, with a great big grin and a large body! Teddy walked me up to the front door where I met Sara. We went into the warm kitchen that was decorated with paintings that Paul and the kids had done, masks that Parker and Sionne (their children) had created, a HUGE village that Parker had made from Legos over the past several years and a large kitchen table we gathered around while talking over a hot cup of tea. Books lined the wall of the adjacent room as did more of their Bob Ross-style paintings and even two busts, one of Lenin and the other of Stalin. "Why," you may ask does he have busts of these two people?

A new paragraph is needed for this story!!

After Paul graduated from KSC he went hitchhiking in Europe. While he was in the western part of Austria, he met a man named Tibor Dragon ("Dragon" is a common family name in Hungary). Tibor asked him if he'd be interested in teaching English to 6-12 graders, Paul responded affirmatively!

Hungary had been occupied by Russia until 1989, when the Berlin Wall fell. Until that time the secondary languages were Russian and German. Now that it was an independent country the schools were interested in teaching English. Paul, who spoke no Hungarian, moved to a small town in Hungary where few people spoke English. He flew to Budapest, took a train to Szeged and then hitchhiked to Csongrad, Hungary, where his new home would be. Soon after he was settled into his new position as the first English teacher the school ever had, and the geography teacher invited him to her family home for dinner. The teacher's whole family was there to greet Paul. Her father made a speech in Hungarian and then presented Paul with a bottle of Palinka (a kind of schnapps in Hungary). Paul did not know it at the time, but this tradition of a father giving his offspring's friend a bottle of this particular schnapps indicates that the father has agreed his daughter could marry Paul! Culture Shock!!!

Paul found the students in his town very polite; they stood up when he entered or left the classroom. The students were also hard-working because it was difficult to get into college in Hungary. They took their academic work very seriously and stayed at school long after the day had ended in order to get tutoring.

While in Csongrad, the mayor gave Paul the town's busts of Stalin and Lenin, thinking it would be an interesting piece of history to this American visitor of Csongrad. Those are two of the busts that are displayed in the Bolduc household.

Thank you, Sara and Paul. You both add so much to our town, and we appreciate all that you do here in Sullivan.

FOR SALE

Round, oak, pedestal table – at least 70 years old. \$75 firm.

Call Ginny at 603-847-5115

Sullivan Country Store - March Update

Greetings everyone! It's hard to believe it's been eight months since we opened our doors. Time really does fly! Meeting each and every one of you has been an absolute pleasure, and we're immensely grateful for your support. As we eagerly anticipate the arrival of spring, with its longer days and bountiful local produce, we want to express our heartfelt gratitude to our local residents who have stood by us throughout the winter months.

As we gear up for an exciting 2024, we're eager to hear your thoughts. What local produce and seasonal items would you like to see on our shelves? Is there anything you feel we've overlooked? Your feedback is invaluable to us.

Just a quick reminder of our **kitchen hours**:

Sunday - 8am to 3pm; Monday – kitchen closed; Tuesday - 9am to 4pm; Wednesday thru Saturday - 6am to 5pm

And here's a special treat for our Sullivan residents: Enjoy \$5 off a large pizza with our compliments! It's our little way of saying thank you for your continued support.

Thank you for being part of our community!

Warm regards,
Megan and Will



**\$5 OFF
LARGE PIZZA**

VALID UNTIL: APRIL 1, 2024

ORDER NOW

www.sullivancountrystore.com
603-847-3053

MUSIC WITH APPLE HILL

Friday, March 8, 7:30 pm
Redfern Arts Center, Keene State College
90 Wyman Way, Keene, NH 03431

The Apple Hill String Quartet performs music of Florence Price and William Grant Still with pianist Christina Wright-Ivanova.

Tickets will be available later this season. For updates - <https://applehill.org/concerts/concerts-apple-hill/> .

Sunday, April 21, 2:30 pm
Chapel at St. Bart's Cathedral
325 Park Ave, New York, NY 10022

The Apple Hill String Quartet performs music of LGBTQIA composers, including Jennifer Higdon, Yaz Lancaster, Arthur Russell, and Samuel Barber. The quartet will be joined by guest cellist, Edvard Pogossian. Tickets will be available later this season. For updates go to our website at <https://applehill.org/concerts/concerts-apple-hill/>

Saturday, April 27, 7 pm

Nova Arts
48 Emerald St, Keene, NH 03431

The Apple Hill String Quartet performs music of LGBTQIA composers, including Jennifer Higdon, Yaz Lancaster, Arthur Russell, and Samuel Barber. The quartet will be joined by guest cellist, Edvard Pogossian. This event is co-presented by Keene Pride. Tickets will be available through Nova Arts later this season.

THINK SPRING! Spring cleaning and gardening...

The annual **Sullivan Center Yard & Plant Sales** will once again be held on Memorial Day weekend – 3 sales! The fire department and church will have yard sales and the library will be featuring their annual plant and book sale. Think of them as you do your spring cleaning or divide plants in your garden.

The sales are held rain or shine. Generally, donations are accepted after May 1. For the Fire Department - contact Bonnie Blanchard (603-847-9680 or leave a message at the fire station at 603-847-9020); for the church contact Becky Cummings (603-847-3477) for and for the Library contact Gaynelle Pratt (603-847-3271).

More on all to come in the next newsletter!

EASTER SERVICES IN SULLIVAN

Easter Sunrise – Join the Sullivan Congregational Church for an Easter Sunrise Service on March 31 at 6:30 am, overlooking Bolster Pond in the field in front of John & Jean Hoffman's Seward Mountain Farm on Boulder Rd. After the service join the other stalwarts back at the church for a complimentary Easter breakfast! Note: In case of inclement weather, bitter cold or very muddy roads, the sunrise service will be held at the church. Keep an eye on the church's Facebook page for any advance notices – the page is public and you should be able to access it. www.facebook.com/sullivanucc Questions – call 847-3477.

The traditional Easter Service will be at 9:30 am at the church with Pastor Christopher Cornell. We hope you may be able to join us for the worship service and afterward perhaps join us in Friendship Hall for some delicious refreshments and special decorations. Other Easter Services: Palm Sunday, March 24 at 9:30 am and Maundy Thursday Tenebrae service, preceded with a soup and bread meal, which will be held on March 28 at 6:00 pm in Friendship Hall at the church.

No matter who you are, or where you are on life's journey, you are welcome at the Sullivan Church.

SCHOOL NEWS

What's happening in Nelson?

Greetings, Sullivan Community!

With any luck, Spring is right around the corner. We are looking forward to more daylight and continuing our meaningful learning and community engagement with our students and families.

Our Grade 5 students are in the midst of writing their narratives about the Blizzard of 1888. Our Grade 4 students have learned all lowercase letters in cursive and are moving through uppercase letters. In math, they have learned how to divide 4 digit dividends with one digit divisors. They are learning about early colonial life and the American Revolution in their writing class. They have also participated in a ZOOM call with the NH Turtle Rescue to learn more about painted turtles, which ties in with our work with the Harris Center. Grades 2 & 3 have concluded their study of *Charlotte's Web* and are working on their Winter Animal multidisciplinary research project. In math, Grade 3 students are studying time, while Grade 2 is studying money. Our Grade 1 students have been working with the Harris Center around canines, and have been working on their own animal research projects. They are currently studying measurement, which will ultimately tie into a baking project. Our K/R students have continued to be "math ninjas" and are continuing to work on their reading skills. They are excited to become readers! One point of pride has been students earning "SPIRIT gems", which they are given when they are "caught" following one of our school rules (safety; problem-solving; including others; respect; in control of words and actions; and treating others the way they want to be treated). Our students in all grades very recently earned a whole-school reward of board games for filling the jar with their SPIRIT gems.

As a school, one of the points of pride in January was our circus residency, run by the fabulous Troy Wunderle of Wunderle's Big Top Adventures. Due to a holiday and a snow day, our students had just THREE days to pull off their performance. They were amazing, and so proud of their performance! We are looking forward to partnering with Troy Wunderle again in the coming years to provide this very special experience to future students. In February, we celebrated the 100th Day of School, celebrated reading through a series of Pokemon-inspired challenges around characters, and welcomed Morphs & Milestones for an afternoon program. Morphs & Milestones is an organization dedicated to helping others while changing the stigma around reptiles. They shared their story and their animals with our students, who loved their visit. If you are interested in learning more about this unique organization, you can visit their website at: <https://morphsandmilestones.com/>

In March, we have an upcoming **Pancake Breakfast on Saturday, March 16th**. For just \$5, you can enjoy pancakes, sausage, fruit, juice, and coffee. Our students, staff, and families all work together to plan and put on this event. Please come join us! In April, we will celebrate Math Month, which will include our Math Bee. We look forward to all of our learning to come during these months.

It is officially time for us to start planning for the 2024-2025 school year! If you have a child who you anticipate being in our Kindergarten class in Fall 2024, please reach out to the office, so we know to keep you informed about enrollment and springtime events. Our administrative assistant, Joy Birdsey, can be reached at jbirdsey@sau29.org or at 603-847-3408. We are so excited to welcome our new students and their families into our school community.

As a reminder to our school families, students will be released from school at 11:30 on Thursday, March 21st and will not have school on Friday, March 22nd. Both of these are designated as Teacher Workshop Days. Students are off for April vacation during the week of Monday, April 22nd-Friday, April 26th. Our second trimester officially ends in mid-March. We will be sending home Trimester 2 report cards during the last week of March.

Thank you, as always, for your continued support,
Nicole Gordon
Principal/Curriculum Integration Specialist
Nelson School

We make every effort to ensure the accuracy of the information in this newsletter. However, you should always call ahead or check the website to confirm dates, times, location and other information.

SULLIVAN CONGREGATIONAL CHURCH

Sunday service 9:30 am 847-9030

Pastor Christopher Cornell

Phone 603-852-0895

Facility Rental: Wendy Pelletier
603-209-0333

Life changes causing a shift in insurance needs?

603-313-8141

Stephanie Jacques Kleine

Kapiloff Insurance Solutions

Stephanie@dragonfinancialservices.com

Life, Accident, Health, Disability
Dental, Vision

Group and Individual Benefits

Selling or buying a home? I'm also a licensed Realtor with 20 years' experience. Find me at Greenwald Realty! sjk@greenwaldrealty.com

NH PIONEER CHIMNEY & HOME REPAIR

Route 9 Antrim

Specializing in all types of chimney work including: chimney repair, cleaning, installations (masonry or metal), relining, pointing, waterproofing, critter removal, caps, rebuilds, relining and leak stopping.

Is your roof stained? No problem for Marcel. He can clean that dryer vent for you, too.

Veteran & Senior Discounts

Insured – Free Estimates

Marcel Couturier 603-588-3908

KEENE TRANSMISSION EXCHANGE

Transmission repair, Rebuilds, Remans

Install clutches – Trans filters

State Inspections

Pickup & Delivery Available

251 Gilsum Rd., Sullivan

Call Kevin Wheeler 603-847-9031

LACKEY PRECISION MACHINING LLC

CNC Milling and Turning

Prototype & Small Production Runs

Frank Lackey

233 South Rd.

lackeyprecision@gmail.com

CARDINAL SURVEYING & LAND PLANNING

"KNOW YOUR BOUNDARIES"

Wendy Pelletier, LLS

C. 603-209-1989

wendy@cardinalsurveying.net

www.cardinalsurveying.net

ELECTRICAL SOLUTIONS NEW ENGLAND, LLC (ESNE)

Residential & Commercial, Ductless AC, Generators

Proprietor: Tom Pinard

PO Box 14

Sullivan 03445

(603) 757-2462

<https://www.facebook.com/contact.esne/>

KNIGHT AFFORDABLE HOUSING SOLUTIONS

Custom tiny & small houses, cottages, accessory dwelling units (ADUs), in-law apts., sheds & garages.

Also, all kinds of general construction/carpentry.

Ben Knight

26 Heights Lane Sullivan

603-313-1504

OUELLETTE'S AUTO REPAIR

307 Valley Rd. Sullivan

Auto & Light Truck Repair

A/C Service – NH State Inspections

Brakes, Steering & Suspension

603-762-2390

Del Ouellette

Call or text. Like us on Facebook.

"NO-FEE" TRANSPORTATION SERVICES AVAILABLE!

CVTC

Providing "no-fee" transportation for people who do not have access to transportation because of age, ability, economic situation or other limiting circumstances. Our trip purposes include non-emergency medical & social service appointments and the pharmacy. Call CVTC to schedule ahead of time!



1-603-821-0569

<https://www.cvtc-nh.org/>

[If you can volunteer some of your time, we can always use more drivers!](#)

**TOWN FOOD PANTRY REMINDER
OPEN TWO NIGHTS EACH MONTH!**

The Sullivan Food Pantry, located in the rear, lower level of the Sullivan Congregational Church, is open two nights each month, the second and fourth Thursdays, from 5:30 – 6:30 pm. Any town resident may stop by and pick up food and paper goods. If you would prefer home delivery, please contact the Town Hall (603-847-3316) or Gaynelle Pratt, Food Pantry Coordinator, at 603-847- 3271. If you, or someone you know is in immediate need, feel free to call anytime. Donations of paper goods or nonperishable food or the pantry may be left at the Sullivan Post Office, the Town Hall or the Library. Many thanks to all who help their neighbors by donating food and/or financial assistance to the pantry.

NEWSLETTER INFORMATION

The Sullivan Newsletter is published 6 times a year. It is mailed free of charge to Sullivan residents and interested landowners/taxpayers. Subscriptions are \$5 a year for non-taxpayers. Classifieds are \$10 a year; \$2.50 per issue, \$45 per full page or \$25 for ½ page. Make checks out to Sullivan Newsletter. Mail to PO Box 110; Sullivan, NH 03445 or drop it off at the town hall with the town clerk or administrative assistant.

Deadline for the next newsletter April 20. News items may be left in the Sullivan Library Book Box, mailed to PO Box 110 Sullivan 03445 (labeled Newsletter) or e-mailed (preferred) to:

bcummings@myfairpoint.net

Editor: Becky Cummings 603-847-3477
Assistant Editor: Gaynelle Pratt

**SULLIVAN NEWSLETTER
PO Box 110
Sullivan, NH 03445**

**POSTAL PATRON
SULLIVAN, NH 03445**

TOWN CONTACT NUMBERS

Town Hall 603-847-3316
selectmen@townofsullivannh.com
Town Clerk 603-847-3316
townclerk@townofsullivannh.com
Town Highway Dept. 603- 847-3366
highway@townofsullivannh.com
Sullivan Planning Brd 603-847-3100
planning@townofsullivannh.com
Sullivan Fire Station 603-847-9020
Sullivan Library 603-847-3458
sullivanpubliclibrary@gmail.com
Sullivan Country Store 603-847-3853
Sullivan Church 603-847-9030
Sullivan Post Office 603- 847-9720
Nelson School 603-847-3408
Keene Middle School 603-357-9020
Keene High School 603-352-0640
Sheriff (non-emergency) 603-352-4238
EMERGENCY 911

For Burn Permits Call:

Al Henry, Chief & Warden 603-847-9598
Mike Blanchard, Deputy Warden 603- 847-9680
Paul Bolduc, Deputy Warden 603-498-2578
JR Guyette Deputy Warden 603-852-2815
Erik Kazlouskas, Deputy Warden 603- 903-2881

Please note: we make every effort to ensure the accuracy of the information in this newsletter. However, you should always call ahead or check the website to confirm dates, times, location and other information.

